

Recipe – Sautéed Cabbage and Red Pepper

Ingredients:

- olive oil to coat bottom of pan
- 1 large onion, chopped
- ½ large cabbage, finely shredded
- 1 large red pepper, thinly sliced
- salt and pepper to taste

Directions:

Coat a large pan with olive oil or preferred fat

Sautee onion till soft

Add cabbage, red pepper and cook till soft, about 10 minutes

Add salt and pepper to taste