

## Raw Recipe – Ruby Slaw

### Ingredients:

- 1 bunch red chard, cut in thin ribbons
- 1 bunch red kale, cut in thin ribbons
- 1 small red cabbage, shredded thin (use the processor if you have one)

### Dressing:

- 2/3 cup olive oil
- 2/3 light vinegar, like coconut
- juice of 1 lemon
- 1 garlic clove, mashed
- sweetener, like a few drops of stevia or a couple dates
- salt and pepper to taste
- Optional addition: 1 – 2 cups chopped walnuts

### Directions:

Combine the vegetables in a large bowl.

Whisk or process the dressing ingredients

Combine. Depending on the size of the cabbage, you may have more dressing than you need.

Serves 10 – 12.