

Recipe - Salad with Creamy Raw Tahini Dressing

Ingredients:

- Salad Greens for 8
- 4 carrots
- 2 tomatoes
- 2 avocados

Directions:

Clean and dry the greens.

Scrub and thin slice the carrots.

Chop the tomatoes and avocados.

Dress with the following ingredients, blended in a processor.

Dressing Ingredients:

- ½ cup carrot juice
- 1 TBS raw sesame tahini
- 3 TBS cold pressed safflower oil
- 3 TBS lemon juice
- 1 bunch dill
- 1 soaked date
- wheat-free tamari to taste