

## Recipe – Grapefruit Salsa

### Ingredients:

- 3 pink grapefruits, peeled, seeded and cut in chunks.
- 1 red pepper, diced
- 1 burpless cucumber, diced
- 1 small red onion, diced.

### Dressing:

- about 1/4 cup olive oil
- generous amount of ground black pepper, about 1/2 tsp
- 1/4 tsp sea salt.

Optional: Chopped cilantro (can be passed at the table)

### Directions:

Combine the fruit and vegetables in an attractive bowl.

Add the oil, salt, and pepper and combine well.

We served this with plain baked salmon.

Makes 10 servings.