

## Recipe – Jicama Salsa Salad

### Ingredients:

- 2 cups jicama, peeled and diced
- 1 small red onion, chopped
- 1 red pepper, chopped
- 1 cup parsley (or cilantro), minced
- 1 orange, chopped (or lemon for a lower carb option)

### Salad Dressing:

- olive oil
- white balsamic
- salt and pepper to taste

### Directions:

Mix all of the ingredients for the salad

Toss with the dressing