

Recipe – Plum Peppermint Salsa

Ingredients:

- 10 sprigs peppermint, leaves only, chopped.
- 10 sprigs flat parsley, leaves only, chopped
- ½ red pepper, chopped fine
- 6 plums, chopped fine
- 1 medium tomato, chopped
- ½ red onion, minced
- 1 inch piece ginger, grated
- juice of one lime
- a little drizzle of olive oil

Directions:

Combine all ingredients and serve with black beans, egg or fish dishes.