

Friends and Food

AMERICAN DIABETES MONTH
NOVEMBER 2015

Awards

KNOWING HOW TO eat well and having access to good-for-you foods can go a long way toward helping people improve their health. Individuals, organizations, and companies across the country are working tirelessly to provide better food and knowledge to their communities.

In honor of American Diabetes Month, we've compiled a list of movers, shakers, and collaborators who stand with us in the fight to prevent and care for diabetes—through access to healthful food and nutrition education. Meet the winners of our Healthy Food Community Friends Award below, then head to diabetesforecast.org/healthycommunity for their stories.

Cleo Braver

Cottingham Farm
Easton, Maryland
cottinghamfarm.com

HEAL Inc.

Healthy Eating, Active Living
Birmingham, Alabama
healalabama.org

Hunger Free Colorado

Denver
hungerfreecolorado.org

Matter

Matter More Diabetes Food Boxes
Minneapolis
mattermore.org

Michelle McCabe

The Council of Churches of Greater
Bridgeport Inc.
Bridgeport, Connecticut
ccgb.org

Jill Meyerhoff

Cornell Scott Hill Health Center
New Haven, Connecticut
cornellscott.org

Michel Nischan

Wholesome Wave
Bridgeport, Connecticut
wholesomewave.org

"We bring recipes on paper to life, thus empowering participants to make these low-carb, blood sugar-stabilizing recipes on their own at home."

Karen Rose Tank

"When you want to do something, you find a way."

Rodney Taylor

"We are proud to partner with [the American Diabetes Association] to promote Wellness Lives Here, which, just like our own healthy vending initiative, is designed to inspire and fuel the nation's healthful habits at work and beyond."

Nick Yates

"We need to inspire this next generation to immerse themselves in cooking by celebrating the joy of good food and providing the knowledge to do so in a healthful, sustainable way."

Michel Nischan

Karen Rose Tank

The Suppers Programs,
Suppers for Diabetes Success,
and Suppers for Stable Blood Sugar
Princeton, New Jersey
thesuppersprograms.org

Rodney Taylor

The Riverside Unified School
District Farm to School Program
Riverside, California
rusdlink.org/Page/614

Edward Varipapa

Leon's Restaurant
North Haven, Connecticut
leonsrestaurant.com

Marc Weber

OntheMarc Foundation
Stamford, Connecticut
onthemarcevents.com

Nick Yates

Fresh Healthy Vending
San Diego
freshandhealthy.org

Zippy's

Chain of Restaurants
Honolulu
zippys.com